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Please refer to web site for full story and information about the recipe. <http://wp.me/pGgB6-IJ>

Fiesta Corn and Black Bean Quesadillas, Gluten-Free

(gluten-free, kid-friendly)

[By Gluten-Free Nosh](#)

Ingredients:

- 1/2 cup corn kernels (defrost, if frozen)
- 1/2 cup canned black beans, rinsed and drained
- 2 tablespoons chopped cilantro
- 6 Rudi's gluten-free tortillas
- 2 cups shredded cheese
- Salsa

Method:

1. Preheat oven to 350 degrees.
2. Toss together corn, black beans and cilantro in a large bowl.
3. Stack tortillas on a plate, and heat in the microwave for 30 seconds.
4. Place three tortillas on a large cookie sheet. Sprinkle 1/3 cup cheese on each tortilla. Spoon 1/3 cup black bean and corn filling on top of the cheese, distributing evenly on each tortilla. Sprinkle an additional 1/3 cup cheese on top of filling for each tortilla. Top with another tortilla.
5. Bake for 7 minutes, or until tortillas are slightly crispy and cheese is melted. Cut each quesadilla into six wedges and serve with salsa.

Yield: 3 to 4 servings